



# LAST MEAL BOX MENU FOR KIDS FROM THE WCCUSD Food Services Department

**Thursday, August 5th** will be our **LAST DAY** of serving meal box of fresh produce and the following items for families to cook at home for their children 18 years of age and younger at **NO CHARGE!** at the following **9 curbside meal sites** between 8am to 1pm. **While Supplies Last!**

**Nystrom Elementary, Hercules, Helms, DeJean & Pinole Middle. As well as El Cerrito, DeAnza, Kennedy & Richmond High**

**BOX CONTAINS:**

100% ORGANIC

**Organic Ground Beef**  
**Organic Beef Hot Dog**  
 (Or a Vegetarian Entree)

+

**Organic Cereal**  
**Organic Yellow Corn Chips**

**Organic Hot Dog Rolls**

**Organic Red Potato**

**Organic Gala Apple**

**Organic Strawberries**

**Organic 2% White Milk**



Supplies are limited  
Alternative boxes  
 may contain the following items  
ONLY at the following sites:

**DeJean & Pinole Middle**  
**El Cerrito & Kennedy High**

**Chicken**  
**Eggs**  
**Cheese**  
**Yogurt**  
**Celery**  
**Potatoes**  
**Apples**  
**Gallon of Milk**

**Over 25 Million Meals Served During the COVID Pandemic!**



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# ULTIMO MENU DE CAJA DE ALIMENTOS PARA NIÑOS DE PARTE DEL DEPARTAMENTO DE SERVICIOS DE ALIMENTOS DE WCCUSD

**Jueves 5 de Agosto** será nuestro **ULTIMO DIA** de distribuir cajas de productos frescos con los siguientes artículos para que las familias lo cocinen en casa para sus niños de 18 años de edad y menores **SIN NINGUN COSTO!** en las siguientes 9 escuelas  
**Entre 8am a 1pm Hasta agotarse!**

**Nystrom Elementary, Hercules, Helms, DeJean & Pinole Middle también en El Cerrito, DeAnza, Kennedy, & Richmond High**

## La Caja Contiene:

100% ORGANICO

Carne Molida Orgánica  
 Salchicha de Carne Orgánica  
 O un Platillo Vegetariano

+

Cereal Organico  
 Frituras de Maíz Amarilla Orgánicas  
 Pan para Hot Dog Orgánico  
 Papas Rojas Orgánicas  
 Manzanas Gala Orgánicas  
 Fresas Orgánicas  
 Leche Reducida en Grasa Orgánica



Las cajas son limitadas  
Cajas alternativas de alimentos  
pueden contener  
los siguientes artículos  
en las siguientes locaciones:

**DeJean & Pinole Middle**  
**El Cerrito & Kennedy High**

Pollo  
 Huevos  
 Queso  
 Yogurt  
 Apio  
 Papas  
 Manzanas  
 Un Galón de Leche

**Mas de 25 Millones**  
**De Alimentos Servidos**  
**Durante la Pandemia**  
**del COVID**



Esta institución es un proveedor que ofrece igualdad de oportunidades  
 Para mas información visita nuestra pagina web [www.wccusd.net](http://www.wccusd.net) o llama al 510-307-4580





# Safe Food Handling Practices During COVID-19

For additional COVID-19 Guidance, please visit the School and Child and Adult Day Care Meals COVID-19 guidance web page at <https://www.cde.ca.gov/ls/he/hn/schoolmeals.asp>

## Receiving and transporting foods to bring home:

- Keep hot food at or above 135°F—place in an insulated container during transport if possible.
- Keep cold food at or below 41°F— place in a cooler with a cold source such as ice or frozen gel packs during transport if possible.

## Storing and preparing foods:

- Immediately refrigerate or freeze any foods that will not be consumed within two hours of arriving home.
- Designate separate preparation areas in the kitchen for raw and cooked foods.
- Never place cooked food back on the same plate or cutting board that held raw food.
- Wash cutting boards, dishes, utensils, and counters frequently with hot, soapy water.
- Wash hands with soap and warm water for at least 20 seconds before and after handling food.

## Reheating foods:

- Use the stove, oven, microwave to reheat food to 165°F.
- Bring sauces, soups, and gravies to a boil.

## How long to keep foods:

- Discard refrigerated foods after four days.
- Discard food left out at room temperature for more than two hours.



## Be Food Safe! Prepare with Care:

- **CLEAN:** Wash hands, utensils, cutting boards, and countertops often.
- **SEPARATE:** Keep raw meat, seafood, and poultry away from ready-to-eat foods.
- **COOK:** Cook food to the correct temperature. Use a food thermometer.
- **CHILL:** Refrigerate promptly.

## Resources:

- The U.S. Department of Agriculture (USDA) 7 Food Safety Steps for Successful Community Meals: <https://bit.ly/2XsKguK>
- The USDA Food Safety Counts! (PDF): <https://bit.ly/2UWvvPk>
- The USDA Food Safety Tips for Home Delivered Meals (PDF): <https://bit.ly/39YJGrI>

# Thursday August 5th Will be the LAST DAY Distributing Meal Boxes for kids at the following 9 school sites



All people in the vehicle  
must wear a facemask  
before pulling up



Open your Trunk  
& Place the  
Meal boxes Inside



Thursdays August 5th from 8am to 1pm

Nystrom Elementary  
DeJean, Helms  
Hercules & Pinole Middle  
De Anza, El Cerrito, Kennedy,  
& Richmond High



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For more info visit our website at [WWW.WCCUSD.NET](http://WWW.WCCUSD.NET) or call 510.307.4580

# Jueves 5 de Agosto Sera el ULTIMO DIA de distribuir cajas de alimentos para Niños en las siguientes 9 escuelas



Todas las personas  
dentro del auto deberán usar  
cubrebocas antes de ingresar



Habra su cajuela y  
coloque las cajas de  
alimentos dentro del auto



Jueves 5 de Agosto de 8am a 1pm

Nystrom Elementary  
DeJean, Helms  
Hercules & Pinole Middle  
De Anza, El Cerrito, Kennedy,  
& Richmond High



Image: Freepink.com

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